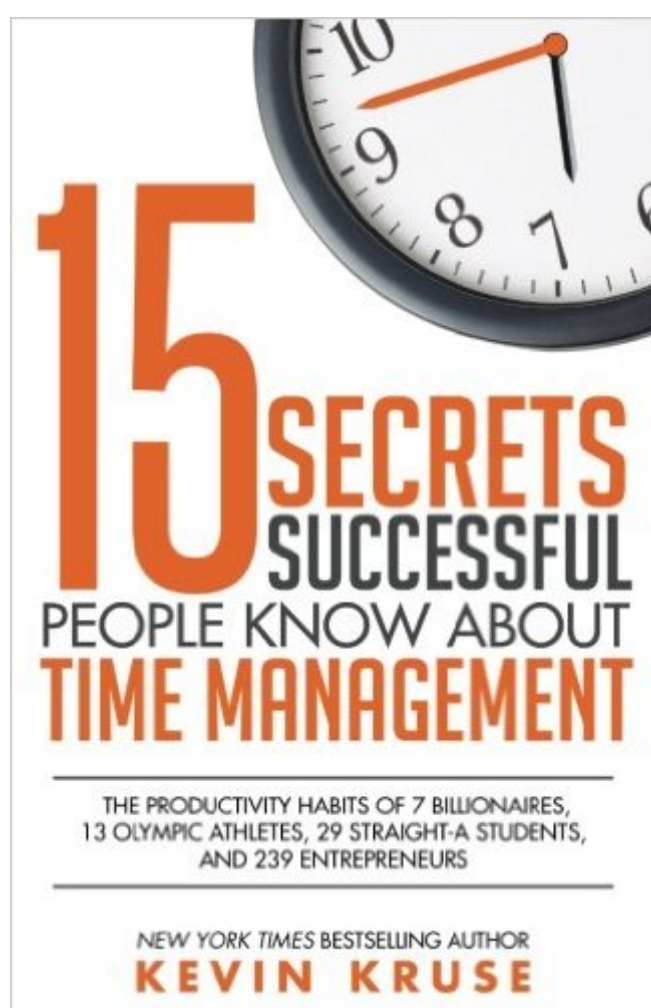


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# 15 Secrets Successful People Know About Time Management: The Productivity Habits Of 7 Billionaires, 13 Olympic Athletes, 29 Straight-A Students, And 239 Entrepreneurs



## Synopsis

Double Your Productivity Without Feeling Overworked and Overwhelmed. What if a few new habits could dramatically increase your productivity, and even 5x or 10x it in key areas? What if you could get an hour a day to read, exercise, or to spend with your family. New York Times bestselling author, Kevin Kruse, presents the remarkable findings of his study of ultra-productive people. Based on survey research and interviews with billionaires, Olympic athletes, straight-A students, and over 200 entrepreneurs—including Mark Cuban, Kevin Harrington, James Altucher, John Lee Dumas, Pat Flynn, Grant Cardone, and Lewis Howes—Kruse answers the question: what are the secrets to extreme productivity? In this book, you'll learn: Why millionaires don't use to-do lists (and what they DO use) How to cure procrastination with the "Time Travel" trick How the Harvard "DDR Questions" save 8 hours a week How to identify your REAL priorities How to get to zero emails in your inbox using 321Zero How the simple E-3C system will double your productivity How to reduce stress with the Richard Branson Tool How to leave work at 5:00 without feeling guilty How to run meetings like Apple, Google & Virgin How to conquer social media distractions BONUS: QUIZ - Discover Your Time Personality BONUS: 100+ Time Management Quotes Buy this book NOW to increase your productivity and stop feeling so overworked and overwhelmed! Pick up your copy today by clicking the BUY NOW button at the top of this page!

## Book Information

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## Customer Reviews

Much has been written over the past one hundred years on the topic of time-management, procrastination and motivation, the very best of which would require the average reader several years to ingest (let alone digest and implement). Kruse's <sup>TM</sup> 15 Secrets Successful People Know

About Time Management covers most of the same ground within a single volume, can be completed in a single session (if smartly scheduled), thus allowing the busy entrepreneur sufficient time to do what needs to be done. And whereas not all successful business tycoons have attended (or at least remained long enough to graduate) the London School of Economics, Harvard, or Yale, the readers of this book can all gain for themselves a life-long association with MIT (each of us learning about our very own Most Important Task). Whether due to a lack of motivation, procrastination, or any other factors (real or imagined), in Kruse's own words: "Put simply, the most important things are to know what to focus on and how you are going to get it done. I call this always knowing your most important task, or MIT" (p22, epub vers). Indeed, the fact that you are reading this review (and thus presumably considering reading the book), your own MIT syllabus would surely help you achieve your goals more quickly, this book containing essential reading material for inclusion within your busy calendar/schedule, rather than its simply being added to your "to-do" list. Gathering his information from eminently relevant sources (as partly detailed in the subtitle), Kruse's book glistens throughout from its gems of easily digestible soundbites of savvy-wisdom from the successful.

15 Secrets Successful People Know About Time Management - The Productivity Habits of 7 Billionaires, 13 Olympic Athletes, 29 Straight-A Students, And 239 Entrepreneurs. New York Times Best Selling Author, Kevin Kruse. 2015 I highly recommend this book, as it is a valuable collection of Time Management and Productivity Habits that everyone will benefit from learning. This book takes you step-by-step, in a simple and practical way by detailing the Time Management and Productivity issues that we all struggle and deal with on a daily basis and how to overcome them. Whether you are an Entrepreneur, Executive, Freelancer, Student or Stay-at-Home Parent, this book is for you, the teachings apply to everyone, across all industries and professions. Every chapter had an "aha-moment" for me, it was an emphasis of something I was doing right or showed me how I can make changes in my daily habits to be more productive and get more accomplished. Kevin is a Master at breaking-down Time Management processes and shows you how to change your approach in order to have a successful outcome. I have had the benefit of seeing these teachings change the mindset, productivity of colleagues in the workplace and I can't wait to share this new collection. One of my favorite Chapters is "Master Your Email Inbox With 321Zero", because I have always been obsessed with handling email messages as soon as they are received. This book offers the guidance and knowledge of how to structure your daily habits, how to take back control of your time and get the most out of every day. The one thing we all need more of is Time, there is

nothing more valuable than having the tools and resources to understand and manage your time and productivity wisely, for yourself, your family and everyone around you.

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